

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2020

Aspen Cottage Assisted Living

9:30 – Daily Chronicles **1**
 10:00 – Elves Bingo
 11:15 – Sing-A-Long
 1:00 – Alphabet KaBoom
 2:30 – Puzzle’s
 3:30 – The Past Post Cards
 6:30 – Resident Band Music

8:30 – Early Morning Stretch **2**
 9:30 – Coffee & News
 10:30 – Church
 2:00 – Decade’s Singles
 5:30 -- Super Bowl Snacks
 Kanas City Chiefs vs
 San Francisco 49ers
Happy Birthday, Joan!
Groundhog Day

9:30 – Daily Chronicles **3**
 10:30 - Exercise
 11:15 – Sing-A-Long
 1:30 –Who am I?
 2:30 – Google Travel
 3:30 – Knitting Corner
 5:15 –Visits with Carolina

9:30 – Daily Chronicles **4**
 10:30 - Chair Yoga
 11:15 – Sing-A-Long
 12:45 – Finish the Drawing
 3:30 – Down Memory Lane
 6:00 – Mad Libs: Story
 6:30 – Movie and Popcorn

9:30 – Daily Chronicles **5**
 10:30 – Exercise
 11:15 – Sing-A-Long
 1:00 – Bible Study
 2:00 – Wonders of Winter
 3:30 – Fancy Fingers
 6:30 – Book Club

9:30 – Daily Chronicles **6**
 10:00 - Music Therapy
 11:15 – Sing-A-Long
 1:30 – Crosswords
 3:30 – Fill in the Blank Story
 6:30- Question Ball

9:30 – Daily Chronicles **7**
 10:30 – Exercise
 11:15 – Sing-A-Long
 2:00 – Classical Flute & Violin
 Concert (GS)
 3:30 – Card Games
 6:30 – Church Hymns

9:30 – Daily Chronicles **8**
 10:00 – Elves Bingo
 11:15 – Sing-A-Long
 1:00 – Alphabet KaBoom
 2:30 – Puzzle’s
 3:30 – The Past Post Cards
 6:30 – Resident Band Music

8:30 – Early Morning Stretch **9**
 9:30 – Coffee & News
 10:30 – Church
 3:30 – Afternoon Tea
 5:00 – Bowling
 6:30 – Movie and Popcorn

9:30 – Daily Chronicles **10**
 11:15 – Sing-A-Long
 1:30 –Who am I?
 2:30 – Google Travel
 3:30 – Knitting Corner
 5:15 –Visits with Carolina

9:30 – Daily Chronicles **11**
 10:30 - Chair Yoga
 11:15 – Sing-A-Long
 12:45 – Finish the Drawing
 3:30 – Down Memory Lane
 6:00 – Mad Libs: Story
 6:30 – Movie and Popcorn

9:30 – Daily Chronicles **12**
 10:30 – Exercise
 11:15 – Sing-A-Long
 1:00 – Bible Study
 2:00 – Wonders of Winter
 3:30 – Fancy Fingers
 6:30 – Book Club
Happy Birthday, Frank!

9:30 – Daily Chronicles **13**
 10:00 - Music Therapy
 11:15 – Sing-A-Long
 1:30 – Crosswords
 3:30 – Fill in the Blank Story
 6:30 – Birthday Bash (GS)

9:30 – Daily Chronicles **14**
 10:30 – Valentine’s Day Fun
 11:15 – Sing-A-Long
 2:00 – Ice Cream Sundaes
 3:30 – Card Games
 6:30 – Church Hymns
Valentine’s Day

9:30 – Daily Chronicles **15**
 10:00 – Elves Bingo
 11:15 – Sing-A-Long
 1:00 – Alphabet KaBoom
 2:30 – Puzzle’s
 3:30 – The Past Post Cards
 6:30 – Resident Band Music

8:30 – Early Morning Stretch **16**
 9:30 – Coffee & News
 10:30 – Church
 2:30 – Decade’s Singles
 3:30 – Afternoon Tea
 5:00 – Bowling
 6:30 – Movie and Popcorn

9:30 – Daily Chronicles **17**
 10:30 – Exercise
 11:15 – Sing-A-Long
 1:30 –Who am I?
 2:30 – Ice Cream Shop
 3:30 – Knitting Corner
 5:15 –Visits with Carolina
Presidents’ Day (US)

9:30 – Daily Chronicles **18**
 10:30 - Chair Yoga
 11:15 – Sing-A-Long
 12:45 – Finish the Drawing
 3:30 – Down Memory Lane
 6:00 – Mad Libs: Story
 6:30 – Movie and Popcorn

9:30 – Daily Chronicles **19**
 10:30 – Exercise
 11:15 – Sing-A-Long
 1:00 – Bible Study
 2:00 – Wonders of Winter
 3:30 – Fancy Fingers
 6:30 – Book Club

9:30 – Daily Chronicles **20**
 10:00 - Music Therapy
 11:15 – Sing-A-Long
 1:30 – Crosswords
 3:30 – Fill in the Blank Story
 6:30- Question Ball

9:30 – Daily Chronicles **21**
 10:30 – Exercise
 11:15 – Sing-A-Long
 1:30 –Decade’s Singles
 3:30 – Card Games
 6:30 – Church Hymns

9:30 – Daily Chronicles **22**
 10:00 – Elves Bingo
 11:15 – Sing-A-Long
 1:00 – Alphabet KaBoom
 2:30 – Puzzle’s
 3:30 – The Past Post Cards
 6:30 – Resident Band Music

8:30 – Early Morning Stretch **23**
 9:30 – Coffee & News
 10:30 – Church
 2:30 – Decade’s Singles
 3:30 – Afternoon Tea
 5:00 – Bowling
 6:30 – Movie and Popcorn

9:30 – Daily Chronicles **24**
 10:30 – Exercise
 11:15 – Sing-A-Long
 1:30 –Who am I?
 2:30 – Google Travel
 3:30 – Knitting Corner
 5:15 –Visits with Carolina

9:30 – Daily Chronicles **25**
 10:30 - Chair Yoga
 11:15 – Sing-A-Long
 12:45 – Finish the Drawing
 3:30 – Down Memory Lane
 6:00 – Mad Libs: Story
 6:30 – Movie and Popcorn
Mardi Gras

9:30 – Daily Chronicles **26**
 10:30 – Ash Wednesday
 Worship (GS)
 1:00 – Bible Study
 2:00 – Wonders of Winter
 3:30 – Fancy Fingers
 6:30 – Book Club
Ash Wednesday

9:30 – Daily Chronicles **27**
 10:00 - Music Therapy
 11:15 – Sing-A-Long
 1:30 – Crosswords
 3:30 – Fill in the Blank Story
 6:30- Question Ball

9:30 – Daily Chronicles **28**
 10:30 – Exercise
 11:15 – Sing-A-Long
 1:30 –Decade’s Singles
 2:30 – Ice Cream Shop
 3:30 – Card Games
 6:30 – Church Hymns

9:30 – Daily Chronicles **29**
 10:00 – Elves Bingo
 11:15 – Sing-A-Long
 1:00 – Alphabet KaBoom
 2:30 – Puzzle’s
 3:30 – The Past Post Cards
 6:30 – Resident Band Music
Leap Day