

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2019

<p>8:30 – Coffee & News 10:30 - Sit N Be Fit 11:15 – Question and Talk 12:45 – Wartburg Music 2:30 – Ice Cream Shop 5:30 – Ellen Story Time 6:00 - Resident Band Music</p>	<p>1 8:30 – Early Morning Stretch 10:30- Sit n Be Fit 11:15 – Question and Talk 12:30 – Pool Noodles 1:00 – Bible Study 2:30 - Cross the Ocean 5:30 – Bingo 6:30 – Wild Turkey Tail</p>	<p>2 8:30 – Coffee & News 9:30 – Church Hymns 10:00 - Wartburg Music 11:15 – Question and Talk 1:30 – Trivia 3:30 – Fill in the Blank Story 5:30 –<u>Golf Cart Rides</u> 6:30 – Book Club</p>	<p>3 8:30 – Lap Count 10:30- Sit n Be Fit 11:15 – Question and Talk 12:30 –Wacky Wordies 1:00 – Music Sing-Along 2:30 –<u>Ribbon Turkeys</u> 5:30 – Country Drive</p>	<p>4 9:30 –Chair Yoga 10:00 – Morning Chat 12:30 –Bingo 3:30 – Puzzle’s 4:00 – Bucket Finds 5:00 – Lap Count 5:30 – Resident Band Music</p>		
<p>6 8:30 – Early Morning Stretch 9:30 – Coffee & News 10:25 – Church 1:30 - Ker Plunk 2:30 – Patio Relaxation 3:30 – Lap Count 5:30 – Golf Cart Rides</p>	<p>7 8:30 – Lap Count 9:00 – School Cards 10:30 - Sit N Be Fit 11:15 – Question and Talk 1:00 - Music Sing-Along 2:30 - Prayer Square 3:30 – <u>Mini Books</u> 5:15 –<u>Rides with Carolina</u></p>	<p>8 8:30 – Lap Count 10:30 - Sit N Be Fit 11:15 – Question and Talk 12:45 – Wartburg Music 2:30 – Ice Cream Shop 5:30 – Short Story 6:00 - Resident Band Music</p>	<p>9 8:30 – Early Morning Stretch 10:30- Sit n Be Fit 11:15 – Question and Talk 12:30 – Pool Noodles 1:00 – Bible Study 2:30 - Puzzle Time 3:30- Lap Count 5:30 – Bingo 6:30 – Truth or Turkey <small>Yom Kippur</small></p>	<p>10 8:30 – Lap Count 9:30 – Church Hymns 11:15 – Question and Talk 10:00 - Wartburg Music 1:30 – Glories of Fall 3:30 – Fill in the Blank Story 5:30 –<u>Golf Cart Rides</u> 6:30 – <u>Birthdays Bash (GS)</u></p>	<p>11 8:30 – Lap Count 10:30- Sit n Be Fit 11:15 – Question and Talk 12:30 – Patio Tea Time 1:00 – Music Sing-Along 2:30 –<u>Bread Tasting</u> 5:30 – Country Drive</p>	<p>12 9:30 –Chair Yoga 10:00 – Ker plunk 12:30 – Alphabet KaBoom 1:30 – Jacobs Ladder 3:30 – Puzzle’s 4:00 – Patio N Chat 5:00 – Lap Count 5:30 – Resident Band Music</p>
<p>13 8:30 – Early Morning Stretch 9:30 – Coffee & News 10:25 – Church 1:30 - Uno 2:00 – Coffee and Music (GS) 3:30 – Lap Count 5:30 – Golf Cart Rides</p>	<p>14 8:30 – Lap Count 9:00 – School Cards 10:30 - Sit N Be Fit 11:15 – Question and Talk 1:00 - Music Sing-Along 2:30 - Prayer Square 3:30 – <u>Magnetic Compass</u> 5:15 – <u>Rides with Carolina</u> <small>Columbus Day (US) Rosh Hashanah Sukkot</small></p>	<p>15 8:30 – Lap Count 10:30 - Sit N Be Fit 11:15 – Question and Talk 12:45 – Wartburg Music 2:30 – Ice Cream Shop 5:30 – Ellen Story Time 6:00 - Resident Band Music</p>	<p>16 8:30 – Early Morning Stretch 10:30- Sit n Be Fit 12:30 – Pool Noodles 1:00 – Bible Study 2:30 - Puzzle Time 3:30- Cross the Ocean 5:30 – Bingo 6:30 – Turkey Ticklers</p>	<p>17 8:30 – Lap Count 9:30 – Church Hymns 10:00 - Wartburg Music 11:15 – Question and Talk 1:30 – * <u>Library Visit</u> * 3:30 – Fill in the Blank Story 5:30 –<u>Golf Cart Rides</u> 6:30 – Book Club</p>	<p>18 8:30 – Lap Count 10:30- Sit n Be Fit 11:15 – Question and Talk 12:30 – Patio Tea Time 1:00 – Music Sing-Along 2:30 –<u>Turkey Door Decor</u> 5:30 – Country Drive</p>	<p>19 9:30 –Chair Yoga 10:00 – Morning Chat 12:30 –Bingo 3:30 – Puzzle’s 4:00 – Bucket Finds 5:00 – Lap Count 5:30 – Resident Band Music</p>
<p>20 8:30 – Early Morning Stretch 9:30 – Coffee & News 10:25 – Church 1:30 - School Time Cards 2:30 – Patio Relaxation 3:30 – Lap Count 5:30 – Golf Cart Rides</p>	<p>21 8:30 – Lap Count 9:00 – School Cards 10:30 – Chair Yoga 11:15 – Question and Talk 1:00 - Music Sing-Along 2:30 – Prayer Square 3:30 – <u>Flower Prints</u> 6:45 – Movie and Popcorn</p>	<p>22 8:30 – Lap Count 10:30 - Sit N Be Fit 11:15 – Question and Talk 12:45 – Wartburg Music 2:30 – Ice Cream Shop 5:30 – Ellen Story Time 6:00 - Resident Band Music <small>Simchat Torah</small></p>	<p>23 8:30 – Early Morning Stretch 10:30- Sit n Be Fit 12:30 – Pool Noodles 1:00 – Bible Study 2:30 - Puzzle Time 3:30- Lap Count 5:30 – Bingo 6:30 - Turkey Coloring</p>	<p>24 8:30 – Lap Count 9:30 – Church Hymns 10:00 - Wartburg Music 11:15 – Question and Talk 1:30 – Halloween Songs 3:30 – Who, What and When 5:30 –<u>Golf Cart Rides</u> 6:30 – Book Club</p>	<p>25 8:30 – Lap Count 10:30- Sit n Be Fit 11:15 – Question and Talk 12:30 – Patio Tea Time 1:00 – Music Sing-Along 2:30 –<u>Turkey Cards</u> 5:30 – Country Drive</p>	<p>26 9:30 –Chair Yoga 10:00 – Ker plunk 12:30 – Alphabet KaBoom 2:30 – Ribbon Turkey 3:30 – Puzzle’s 4:00 – Patio N Chat 5:00 – Lap Count 5:30 – Resident Band Music</p>
<p>27 8:30 – Early Morning Stretch 9:30 – Coffee & News 10:25 – Church 1:30 - Ker Plunk 2:30 – Patio Relaxation 3:30 – Lap Count 5:30 – Golf Cart Rides</p>	<p>28 8:30 – Lap Count 9:00 – School Cards 10:30 - Sit N Be Fit 11:15 – Question and Talk 1:00 - Music Sing-Along 2:30 - Prayer Square 3:30 – <u>Gratitude Tree</u> 5:15 – <u>Rides with Carolina</u></p>	<p>29 8:30 – Lap Count 10:30 - Sit N Be Fit 11:15 – Question and Talk 12:45 – Wartburg Music 2:30 – Ice Cream Shop 5:30 – <u>Trick or Treat (GS)</u> 6:30 - Resident Band Music</p>	<p>30 8:30 – Early Morning Stretch 10:30- Sit n Be Fit 11:15 – Question and Talk 12:30 – Pool Noodles 1:00 – Bible Study 2:30 - Cross the Ocean 3:30- Lap Count 5:30 – Bingo</p>	<p>31 8:30 – Lap Count 9:30 – Church Hymns 10:00 - Wartburg Music 11:15 – Question and Talk 1:30 –Halloween Quiz 3:30 – Fill in the Blank Story 5:30 –<u>Golf Cart Rides</u> 6:30 – Book Club <small>Halloween</small></p>	<p>Aspen Cottage Bartels Lutheran Retirement Community 1922 5th Ave NW Waverly IA</p>	

Every Morning at 7:45 Am Daily Chronicles