

TUESDAY**WEDNESDAY****THURSDAY****FRIDAY****SATURDAY****SUNDAY**

**Aspen Cottage May Activities
Bartels Lutheran Retirement
Community
1922 5th Ave NW Waverly IA 50677
Phone Number 319-352-8940**

6 8:30 – Sevens 10:30 Sit N Be Fit 12:30 Ellen Story Time 2:00 Golf Cart Rides 3:30 – Jelly Bean Art	7 8:30 – Chair Yoga 10:30 Sit N Be Fit 1:30 – Patio N Chat 3:30 – Pool Noodles 6:00-Music W/Carley	8 8:30 – Sevens 10:30 Sit N Be Fit 12:30 Resident Council 1:30 – Bike Rides 3:30 Fancy Fingers	9 8:30 – Coffee N Chat 10:30 Sit N Be Fit 1:30 – Country Drive 2:30 – Ice Cream Shop 6:30 – Birthday Bash(GS)	10 8:30 – Sevens 10:30 – Sit N Be Fit 12:30 – Puzzle Time 2:30 – Ice Sundaes 6:00 - Music with Carley	11 9:30 –Chair Yoga 10:00 – Ker plunk 12:30 – Bowling 3:30 – Hostess Cupcake 4:00 - Pool Noodles	12 9:30 – Coffee N Chat 10:15 – Church 1:30 - What’s that sound 2:00 – Sunday Coffee W Music (GS)
13 8:30 – Coffee N Chat 10:30 Sit N Be Fit 12:30 Ellen Story Time 2:00 Cedar River Readers(GS) 3:30 – Rainbow Art	14 8:30 – Sevens 10:30 Sit N Be Fit 12:00 – Music Therapy 1:30 – Patio N Chat 6:00-Music W/Carley	15 8:30 – Chair Yoga 10:30 Sit N Be Fit 12:30 Resident Council 1:30 – Bike Rides 3:30 Cookies on Patio	16 8:30 – Sevens 10:30 Sit N Be Fit 1:30 – Country Drive 2:30 – Ice Cream Shop 6:30 – Movie N Popcorn	17 8:30 – Coffee N Chat 10:30 – Sit N Be Fit 11:00 – Homemade Pizza 2:00 – Pony & Root beer Floats (Green)	18 9:30 –Chair Yoga 10:00 – Ker plunk 12:30 – Bowling 3:30 – Puzzle’s 4:00 - Pool Noodles	19 9:30 – Coffee N Chat 10:15 – Church 1:30 - What’s that sound 2:00 – Worship Event (GS)
20 8:30 – Sevens 10:30 Sit N Be Fit 12:30 Ellen Story Time 2:00 Golf Cart Rides 3:30 – Jelly Bean Art	21 8:30 – Coffee N Chat 10:30 Sit N Be Fit 12:00–Music Therapy 1:30 – Patio N Chat 6:00- Music W/Carley	22 8:30 – Sevens 10:30 Sit N Be Fit 12:30 Resident Council 1:30 – Bike Rides 3:30 Fancy Fingers	23 8:30 –Coffee N Chat 10:30 Sit N Be Fit 1:30 – Country Drive 2:30 – Fruit on Patio 6:30 – Movie N Popcorn	24 8:30 – Sevens 10:30 – Sit N Be Fit 12:30 – Puzzle Time 2:30 – Make a Map 6:00 - Music with Carley	25 8:30 – Chair Yoga 10:00 – Ker plunk 12:30 – Bowling 3:30 – Puzzle’s 4:00 - Pool Noodles	26 9:30 – Coffee N Chat 10:15 – Church 1:30 - What’s that sound 2:30 – Wartburg Volunteers
27 8:30 – Sevens 10:30 Sit N Be Fit 12:30 Ellen Story Time 2:00 Golf Cart Rides 3:30 – Jelly Bean Art	28 8:30 –Chair Yoga 10:30 Sit N Be Fit 12:00 – Grill out on Patio 1:30 – Patio N Chat 6:00 - Music with Carley	29 8:30 – Sevens 10:30 Sit N Be Fit 12:30 Resident Council 1:30 – Bike Rides 3:30 Fancy Fingers	30 8:30 – Coffee N Chat 10:30 Sit N Be Fit 1:30 – Country Drive 2:30 – Ice Cream Shop 6:30 – Movie N Popcorn	31 8:30 – Sevens 10:30 – Sit N Be Fit 12:30 – Puzzle Time 2:30 – Plant Flowers 6:00 - Music with Carley	Every Morning at 7:30am today's history 10:00am laughing Yoga Every evening at 6:15pm Community Walk.	