

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> 9:30 – Crosswords 10:30 – Sit N Be Fit 12:30 – Ellen Story Time 2:00 Golf Cart Rides 3:30 – Lotion Making	<b>2</b> 9:30 – Coffee N Chat 10:30 Sit N Be Fit 12:00 – Music Therapy 1:30 – Card Club 3:30 – Tone Chime (GS) 6:00 - Music with Carley	<b>3</b> 9:30 – Crosswords 10:30 – Sit N Be Fit 12:30 – Community trail walk 3:30 – Rainbow Art	<b>4</b> 9:30 – Laughing Yoga 10:00 – Music Therapy 1:30 – Country Drive 2:30 – Ice Cream Shop 6:30 – Movie N Popcorn	<b>5</b> 9:30 – Crosswords 10:30 – Sit N Be Fit 12:30 – Puzzle Time 2:30 – Make a Map 6:00 - Music with Carley	<b>6</b> 9:30 –Chair Yoga 10:00 – Ker plunk 12:30 – Bowling 2:30 – Puzzle’s 4:00 – Pool Noodles	<b>7</b> 9:30 – Coffee N Chat 10:15 – Church 1:30 - What’s that sound 2:30 – Wartburg Volunteers
<b>8</b> 9:30 – Coffee N Chat 10:30 Sit N Be Fit 12:30 – Bird Craft 2:00 Golf Cart Rides 3:30 – Garden Talk	<b>9</b> 9:30 – Crosswords 10:30 – Sit N Be Fit 12:00 – Music Therapy 3:30 – Tone Chime (GS) 6:00 - Music with Carley	<b>10</b> 9:30 – Coffee N Chat 10:30 Sit N Be Fit 12:30 Resident Council 1:30 – Bike Rides 3:30 Fancy Fingers	<b>11</b> 9:30 – Laughing Yoga 10:00 – Music Therapy 1:30 – Country Drive 3:00 Pool Noodles 6:30 – Birthday Bash (GS)	<b>12</b> 9:30 – Coffee N Chat 10:30 Sit N Be Fit 12:00 – Grilled Cheese 3:30 – Ellen Story Time 6:00 - Music with Carley	<b>13</b> 9:30 –Chair Yoga 10:00 – Jenga 12:30 – Balloon Toss 3:30 – Garden Pot Craft	<b>14</b> 9:30 – Coffee N Chat 10:15 – Church 1:30 - Resident Music 2:00 – Sunday Coffee(GS) 2:30 – Wartburg Volunteers 3:30- Puzzle’s
<b>15</b> 9:30 – Crosswords 10:30 – Sit N Be Fit 1:00 – Balloon Toss 2:00 – Golf Cart Rides	<b>16</b> 9:30 – Coffee N Chat 10:30 Sit N Be Fit 12:00 – Music Therapy 3:30 – Tone Chime(GS) 6:00 - Music with Carley	<b>17</b> 9:30 – Crosswords 10:30 – Sit N Be Fit 1:00 – Ellen Story Time 3:30 – Resident Music	<b>18</b> 9:30 – Laughing Yoga 10:00 – Music Therapy 12:30 – High Five 1:30 – Country Drives 6:30 – Movie N Popcorn	<b>19</b> 9:30 – Crosswords 10:30 – Sit N Be Fit 2:00 – Good Friday Mass (GS) 3:00 – Bike Rides 6:00 - Music W Carley	<b>20</b> 9:30 –Chair Yoga 10:00 – Ker plunk 12:30 – Bowling 3:30 – Puzzle’s 4:00 - Pool Noodles	<b>21</b> 9:30 – Coffee N Chat 10:15 – Church 1:30 - What’s that sound 2:30 – Wartburg Volunteers
<b>22</b> 9:30 – Coffee N Chat 10:30 Sit N Be Fit 12:30 Ellen Story 2:00 Golf Cart Rides 3:30 – Jelly Bean Art	<b>23</b> 9:30 – Crosswords 10:30 – Sit N Be Fit 12:00 – Music Therapy 3:30 – Red hat Craft 6:00 - Music with Carley	<b>24</b> 9:30 – Coffee N Chat 10:30 Sit N Be Fit 12:00 – Picnic at Patio 2:30 – Bike Rides 3:30 Fancy Fingers 4:00 Pool Noodles	<b>25</b> 9:30 – Laughing Yoga 10:00 – Music Therapy 12:00 – Red Hat Lunch 1:30 – Country Drives 6:30 – Movie N Popcorn	<b>26</b> 9:30 – Coffee N Chat 10:30 - Sit N Be Fit 1:00 – Ker Plunk 3:30 – Resident Music 6:00 - Music with Carley	<b>27</b> 9:30 –Chair Yoga 10:00 – Jenga 12:30 – Balloon Toss 3:30 – Puzzle’s	<b>28</b> 9:30 – Coffee N Chat 10:15 – Church 1:30 - Resident Music 2:30 – Wartburg Volunteers
<b>29</b> 9:30 – Crosswords 10:30 – Sit N Be Fit 2:00 Golf Cart Rides 3:00 – Waverly Pet Rescue Visit	<b>30</b> 9:30 – Coffee N Chat 10:30 Sit N Be Fit 12:00 – Music Therapy 3:30 – Tone Chime (GS) 6:00 - Music with Carley	(GS) – Good Shepard	Every Morning at 7:30am Today's History 10:00am Laughing Yoga besides Thursdays Every evening at 6:15pm Community Walk.	<h1>Aspen Cottage April Activities</h1> <h2>Bartels Lutheran Retirement Community</h2> <p>1922 5<sup>th</sup> Ave NW Waverly IA 50677</p> <p>Phone Number 319-352-8940</p>		

