

December 2018

· MONDAY ·

· TUESDAY ·

· WEDNESDAY ·

· THURSDAY ·

· FRIDAY ·

· SATURDAY ·

· SUNDAY ·

						9:30 Chair Yoga 1 1:30 Ornament Craft 3:30 You Tube Elf	9:30 Ribbon Dance 2 10:30 Mug Painting 3:30 Pool Noodle
10:30 Sit-N- Be Fit 3 1:30 Peppermint Latte 3:00 Christmas Tree	10:30 Sit-N- Be Fit 4 10:30 Scavenger Hunt 1:30 Christmas Tradition	10:30 Sit-N- Be Fit 5 10:30 Sing Along 1:30 Wheel of Fortune	10:30 Sit-N- Be Fit 6 10:30 Horse Prep 1:30 Jenja 3:30 Balloon Art	10:30 Sit-N- Be Fit 7 10:30 Music Class 1:30 Horse Race	9:30 Ribbon Dance 8 1:30 Snow Flake	9:30 Chair Yoga 9 1:30 Stockings Design	
10:30 Sit-N- Be 10 Fit 10:30 Popcorn Prep 1:30 Popcorn string	10:30 Sit-N- Be Fit 11 10:30 Fancy Fingers 1:30 Rice Bags 3:30 Stockings hung	10:30 Sit-N- Be Fit 12 10:30 Ribbon Dance 1:30 Ginger Bread House	10:30 Sit-N- Be Fit 13 10:30 Coco Spoons 1:30 Craft Bags 3:30 Pool Noodle	10:30 Sit-N- Be 14 Fit 10:30 Christmas Bell 3:30 Farm Bingo	9:30 Chair Yoga 15 1:30 Wheel of Fortune	9:30 Ribbon Dance 16 1:30 Jenja	
10:30 Sit-N- Be Fit 17 10:30 Tour of Trees 3:30 Maple Syrup Craft	10:30 Sit-N- BFit 18 10:30 Scavenge Hunt 3:30 Christmas Cards	10:30 Sit-N- Be Fit 19 10:30 Jenja 3:30 Google Maps Christmas lights	10:30 Sit-N- Be Fit 20 10:30 Ribbon Dance 1:30 Pie Crust Design	10:30 Sit-N- Be 21 Fit 1:30 Christmas Cards share <u>6:00 Christmas Light</u>	9:30 Ribbon 22 Dance 1:30 Christmas Cookies	9:30 Chair Yoga 23 1:30 Wheel of Fortune 3:30 Pool Noodle	
10:30 Sit-N- Be Fit 24 10:30 Fancy Fingers 3:30 Eggnog Event	Merry 25 Christmas	10:30 Sit-N- Be Fit 26 1:30 Horse Race 3:30 Pool Noodle	10:30 Sit-N- Be Fit 27 1:30 Wheel of Fortune 3:30 Balloon Toss	10:30 Sit-N- Be Fit 28 10:30 Ribbon Dance 3:30 New Years Hats	9:30 Chair Yoga 29 1:30 Bingo 3:30 Jenja	9:30 Ribbon Dance 30 1:30 Kitchen Activity	
New 31 Year's Eve	<u>Every evening at 6:30 pm Community Walk</u>		December 18th Dance Wave At 6:00PM!				